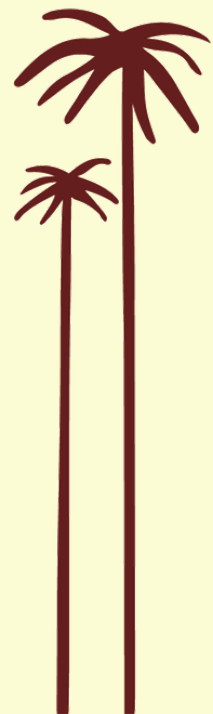


ACTIVITIES · ACTIVIDADES

MEETING POINT: GYM
PUNTO DE REUNIÓN: GYM

	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO	SUNDAY DOMINGO
8:30	YOGA	PILATES	YOGA	REST DAY	YOGA	PILATES	REST DAY
9:30	PILATES	FUNCTIONAL TRAINNING	FUNCTIONAL TRAINNING	REST DAY	FUNCTIONAL TRAINNING	FUNCTIONAL TRAINNING	REST DAY
10:30	FUNCTIONAL TRAINNING	YOGA	PILATES	REST DAY	PILATES	YOGA	REST DAY
11:30	AQUAGYM	AQUAGYM	AQUAGYM	REST DAY	AQUAGYM	AQUAGYM	REST DAY



ZERO EXTRA COST. GOOD VIBES. GREAT WORKOUTS.
CERO COSTE EXTRA. BUEN ROLLO. GRANDES ENTRENOS.

- DEEP STRETCHING
- PILATES
- AQUAGYM
- FUNCTIONAL TRAINNING
- YOGA